



Kelli S. has worked in the energy industry since 2008.

"I love working in energy," Kelli said. "It's always changing and it touches every facet of your life."

Kelli joined NorthWestern Energy in June 2019 as a Senior Analyst in Energy Supply, which means she manages contracts and business relationships with about 30 parties from whom NorthWestern buys energy. Kelli has a law degree, which comes in handy when reviewing power purchase agreements.

Prior to joining NorthWestern Energy, Kelli lived in Denver, Colorado.

"I had wanted to relocate from Denver to either Montana or Idaho," Kelli said.

She traveled to Butte to interview and was impressed by her colleagues, the company and Montana. She accepted the job, moved to Montana and is very happy she did.

"I love it so much," Kelli said of life in Butte. "There are such incredible opportunities to get outside."

The larb recipe is a favorite Thai food of Kelli's.

"I love Montana, but I miss certain foods from my old home in Denver," she said. "There's tons of amazing ethnic food in Denver."

This take on larb is not "authentic" but it is adaptable. Larb can be made with pork, beef, chicken or tofu. (Kelli's favorites are ground pork or tofu). And it can be served over rice or in lettuce wraps, depending on how hungry you are.

"You can make it with anything in your fridge," she said.

The key to the recipe is fresh herbs. Dried herbs just don't work here. While the recipe might sound exotic, it's simple and easy to make. The fish sauce might be an unfamiliar ingredient, but it adds an "umami tsunami" to this dish, Kelli said.



Kelli's Larb

Larb is a Thai dish that can be served over rice or in lettuce wraps. This recipe is not authentic, but it is versatile and fresh-tasting for spring. Feel free to sub out any of the fresh herbs, besides the basil, based on preference or availability.

Serves 4

INGREDIENTS

- 2 Tbsp vegetable oil or other high smoke point oil
- 4 large garlic cloves, thinly sliced
- 2 Tbsp sugar, divided
- 1 pound protein (ground pork, beef, chicken or tofu)
- 3 Tbsp Asian fish sauce, divided (Thai Kitchen is a readily available brand)
- Salt
- Freshly ground pepper
- 4 Tbsp fresh lime juice
- 2 jalapenos sliced with seeds (Scale this down if you are heat-averse)
- 1/4 small red onion, thinly sliced
- 1/4 cup torn fresh Thai basil leaves (note – use any fresh basil you can find)
- 1/4 cup torn fresh mint leaves
- 1/4 cup torn fresh cilantro leaves

DIRECTIONS

- 1 Heat oil in a large skillet. Add garlic and cook over medium-low heat, stirring a few times, until golden brown, about 1 minute. Add 1 Tbsp sugar and cook for about 20 seconds.
- 2 Add the protein and cook over moderately high heat, breaking up any clumps, until no pink remains, about 5 minutes. Add 1 Tbsp fish sauce and season with salt and pepper. Set aside.
- 3 In a small bowl, combine the lime juice with remaining 2 Tbsp fish sauce, remaining 1 Tbsp sugar, two-thirds of the sliced jalapenos and 1 Tbsp water. Stir to dissolve sugar.
- 4 Add the lime juice mixture to the cooked protein and let cool slightly.
- 5 Once the protein has cooled, add the onion, basil, mint, cilantro and remaining jalapeno. You can serve on lettuce cups or over jasmine rice.

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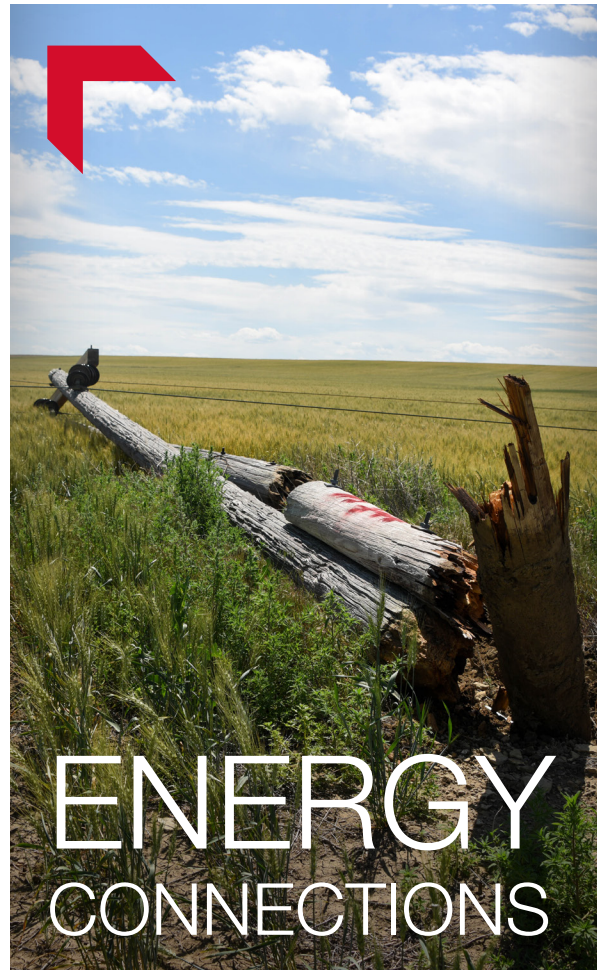
NorthWesternEnergy.com

We are proud of the diversity in the communities we serve. To better serve the needs of some of our customers, we translate important customer information into two languages: Spanish and Karenic.

Estamos orgullosos de la diversidad en las comunidades que servimos. Para satisfacer mejor las necesidades de algunos de nuestros clientes, traducimos información importante del cliente a dos idiomas: español y karenic.

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LOOK INSIDE FOR INFORMATION ON:

- Safety around electrical lines
- Power outage safety
- How to detect a natural gas leak
- Larb recipe
- Employee Feature

Pay attention to electrical equipment

As we enter this year's planting and spraying seasons, remain aware of where electrical equipment is located when you're working on the farm and remember the steps to take if your equipment contacts a power line.

If your vehicle or equipment comes into contact with a line, stay in the cab and call 911 for help. Trying to exit the vehicle can result in an electrical shock that could be deadly. A call to 911 could save your life.



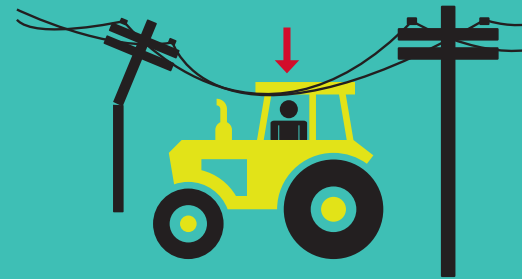
Stay away from downed power lines

If you see a downed or damaged power line, keep your distance and call us immediately. Never touch a power line or any object, including a tree, that is in contact with a line. Remember:

- Keep people, equipment and objects at least 10 feet away from power lines.
- Never attempt to remove a fallen tree or branch from a power line. You could be seriously injured or killed.
- If a tree or branch does come in contact with a power line, keep yourself and others away from the tree and contact NorthWestern Energy at 800-245-6977.

What to do if your vehicle contacts a power line

Stay in the vehicle and call 911 for help.



If you must exit the vehicle because of a fire, tuck your arms across your body and jump clear of any wires with your feet together, never touching the equipment and ground at the same time. Then shuffle or hop at least 40 feet away with your feet together.



Stay away from the equipment until the authorities tell you it is safe.



What to do if your power goes out

Summer thunderstorms can lead to unexpected outages. Here are some important tips to help you and your family during an outage:

- Keep refrigerator and freezer doors closed. An unopened refrigerator will keep food cold for about 4 hours. A full freezer will keep its temperature for about 48 hours if the door remains closed.
- If it looks like the power outage will continue beyond a day, prepare a cooler with ice for your freezer items.
- Check fuses or circuit breakers to rule out problems with electricity inside your home. If a fuse is blown, replace it with the appropriate fuse. If a breaker has tripped, reset it from off to on. If you are unsure about fixing a fuse or circuit breaker, call an electrician.
- Check social media and our online outage map. During a widespread outage, NorthWestern Energy posts updates on our Facebook and Twitter pages. You can also get up-to-date outage information from our online outage map at northwesternenergy.com/outage.
- Turn off all but one light, so you will notice when we have restored your electricity.
- Unplug computers, chargers, TVs, gaming consoles and other sensitive appliances to avoid possible damage when electricity is restored.
- When power resumes, reset clocks and check automatic alarms and timers. Plug in only essential items. Wait 10 minutes before connecting the remainder of your items to let the electrical system stabilize.
- Use a flashlight. Avoid candles because of the fire risk.
- Don't wire an emergency generator into your home. Back-feed from generators into power lines could injure or kill a lineman working to get electricity restored to your area. If you use a generator to power up a specific appliance, plug the appliance directly into the generator and make sure the generator is located outside so poisonous carbon monoxide fumes don't enter your home.

For more information about safety during outages, please visit NorthWesternEnergy.com/safety



How to recognize and report natural gas safety concerns

Know how to detect a natural gas leak.

- **Smell:** Natural gas is odorless, so we add an odorant called mercaptan. It smells like rotten eggs or sulfur.
- **Listen:** A natural gas leak may make a hissing sound or even a roar.
- **Look:** A leak can send dust or debris flying. It will also produce bubbles under water and can lead to discolored vegetation.

If you detect a natural gas leak, leave the area immediately. Don't do anything that may cause a spark.

Once you are in a safe area, call 911.